



Resources for NYC residents

COVID-19 outbreak

The following links provide New York City residents with resources to manage life amidst the COVID-19 outbreak. For continued updates please visit the [NYC gov website](https://www.nyc.gov).



FOOD & WELLNESS

[Bronxworks Food Pantries](#) [Food Bank NYC](#) [Food Help NYC](#)

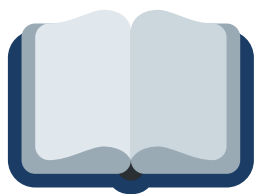
[Food resources \(by Borough\)](#)

[Episcopal News Service](#) [NY Common Pantry](#) [Holy Cross Food Bank \(Bronx\)](#)

[Emergency Food Assistance Program](#) [Headspace NY](#)

[NYC Health](#) [Managing Stress & Anxiety](#) [Lunch for Senior Citizens](#)

Connect to **free & confidential** mental health support: 1-888-NYC-WELL



REMOTE EDUCATION

[FREE Online Learning Resources \(K-12\)](#) [Virtual Field Trips](#) [Scholastic, Inc.](#)

[NYC DOE Resources](#) [National DOE resources](#) [Policy Innovators in Education](#)

Students without internet access, visit [Spectrum's website](#), or call (855) 243-8892 for **free access**!



FINANCIAL RELIEF

[Freelance Artist Resource](#) [Interest Free loans](#) [NYC Assistance for businesses](#)

Visit www.nyul.org for more information